

**PARISH OFFICE:**

Next to the church  
165 Serpentine Rd, Terrigal  
PO Box 4, Terrigal NSW 2260

**Phone:**

(02) 4367 4610

**Email:**

starsea@bigpond.net.au

**Website:**

www.bbcatholic.org.au/  
terrigan

www.facebook.com  
OLSOS Parish

**Office Hours:**

Monday - Friday  
9.00am - 5.00pm

**Priests:**

Fr Vince Casey

[vince.casey@bbcatholic.org.au](mailto:vince.casey@bbcatholic.org.au)

Fr John Puli

[John.Puliparambil@bbcatholic.org.au](mailto:John.Puliparambil@bbcatholic.org.au)

**Pastoral Associate /****Parish Secretary:**

Mrs Janette Merrotsy  
0421 416 555

**Parish Secretary:**

Mrs Nellie Sheridan

**Our Lady Star of the Sea****Primary School Principal:**

Maria Kennedy

**Ph:** (02) 72562119

**Email:**

olss@dbb.catholic.edu.au

**Early Learning Centre.****Co-ordinator:**

Bronwyn Maley

**Ph:** (02) 4365 3222

**Prayer to  
St Michael**

St Michael the Archangel, defend us in battle; be our safeguard against the wickedness and snares of the devil. May God rebuke him we humbly pray; and you, O Prince of the Heavenly Hosts, by the power of God, cast into hell Satan and all the evil spirits who prowl about the world seeking the ruin of souls. Amen

**OUR LADY STAR OF THE SEA  
TERRIGAL**

*We love one another so that all may have a sense of belonging; desire a relationship with God; and want to share the Good News with others.*

**1st February 2026**

**4th Sunday in Ordinary  
Time - Year A**

<b>Entrance Antiphon:</b>	Save us, O Lord our God! And gather us from the nations, to give thanks to your holy name, and make it our glory to praise you.
<b>1st Reading:</b>	Zephaniah 2: 3; 3: 12-13
<b>Psalm:</b>	Happy the poor in spirit; the kingdom of heaven is theirs!
<b>2nd Reading:</b>	Corinthians 1: 26-31
<b>Gospel Acclamation:</b>	Alleluia, alleluia! Rejoice and be glad: your reward will be great in heaven. Alleluia!
<b>Gospel:</b>	Matthew 5: 1-12
<b>Communion Antiphon:</b>	Let your face shine on your servant. Save me in your merciful love. O Lord, let me never be put to shame, for I call you.

**Next Week's Readings: FIFTH SUNDAY IN ORDINARY TIME**

<b>1st Reading:</b>	Isaiah 58: 7-10
<b>Psalm:</b>	A light rises in the darkness for the upright.
<b>2nd Reading:</b>	Corinthians 2: 1-5
<b>Gospel:</b>	Matthew 5: 13-16

**WEEKDAY SERVICES**

Tuesday	3	7.30am Mass
Wednesday	4	7.30am Mass
Thursday	5	7.30am Mass
Friday	6	9.00am Mass
Saturday	7	9.00am Mass

**WEEKEND MASSES - NEXT WEEK**

<b>Saturday Vigil:</b>	7	5.00pm Mass
<b>Sunday:</b>	8	7.30am & 9.30am Mass

**Our website: [www.bbcatholic.org.au/terrigan](http://www.bbcatholic.org.au/terrigan)**

*Welcome to all our visitors!  
May you feel at home in our Parish.*

## PARISH INFORMATION:

### Baptisms:

Sunday Mornings at 11.30am by appointment.  
Enquiries to our Parish Office to enroll.

### Anointing of the Sick:

With 9am Mass on the last Friday of the month.  
Please ring the Parish Office if you have a loved one who is ill or dying.

### Reconciliation:

Before and after Saturday 9am Mass (8.30 -10am) or phone the Parish Office for an appointment.

### Weddings and Funerals:

Enquiries to the Parish Office.

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## Donations to the Parish

Donations can be made by:

- putting **cash** in the collection bag at Mass; or
- using the **Tap'n'Go** machines at the door of the church; or
- giving **directly** to our parish bank account:

**Terrigal Parish**

**BSB: 062 784**

**Acc: 100001660 or**

- using planned giving **envelopes**, available at the back of the church; or
- **regular (monthly) credit card donations**, arranged through the Parish Office.

*Thank-you for your continued generosity.*

**Parish Office will be closed on  
Monday the 2<sup>nd</sup> February.**



We give thanks for the generosity of parishioners that has always strengthened and sustained the mission, ministries and ongoing maintenance of our parish. This week, we invite you to once again reflect on God's blessings and consider renewing or deepening your giving to the parish for the year ahead. Look out for the QR codes for simple, easy planned giving!

## Celebrants for Masses

**Sat 31 Jan / Sun 1 Feb**

5pm Fr Ken

7.30am Fr Vince; 9.30am Fr John

**Sat 7 Feb / Sun 8 Feb**

5pm Fr Vince

7.30am Fr John; 9.30am Fr Vince

**Note:** These arrangements may change without notice.

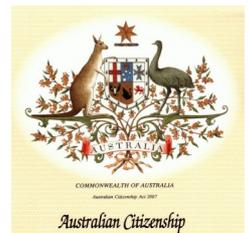
## Word of God this Sunday

The Catholic Church in Australia celebrates Word of God Sunday on Sunday 1<sup>st</sup> February. The motto for this year is: "**The Word of Christ dwells among you**" (Col 3:16).

**We will have a table of second hand Bibles to take home for a coin or small donation, which will go the Missions.**

## Citizenship

On Australia Day Fr John Puli became an Australian citizen. Congratulations! We will have a morning tea to celebrate with Fr John after the 9.30am Mass today.



## Adopt a Garden

We are inviting individuals, couples, or small groups to consider adopting one of the gardens beds on the church grounds. By "adopting" a garden you would take responsibility of maintaining that section of garden by helping to weed, care for, and beautify that space throughout the year.

If you are interested or would like more information, please contact the parish office.



## Scripture Reflection Hour

You are invited to enjoy an hour of peace to reflect on the following Sunday's Gospel reading. We meet at 10.30am to 11.30am **Thursday** in the Parish Rooms. A gentle experience.

You are welcome to attend whenever you can. Bibles provided. If you are interested and would like to know more call **Robyn Wild** on 0410 454 650.



## Young Adults Group (Ages 18 - 35)



### Looking for connection, purpose, and faith that speaks to real life?

You're not alone and you don't have to walk the journey alone.

### Why a Young Adults Group?

Life between **18-35** is full of big questions: study, work, relationships, faith, decisions, and direction. This group is a welcoming space to:

- ◆ Connect with other young adults
- ◆ Explore faith in a real and relevant way
- ◆ Share life, questions, and experiences

### What to Expect

- ◆ Open and honest discussion
- ◆ Friendship, prayer, support, and belonging

### First Gathering

**You're warmly invited!**

Friends, we are excited to begin a **Young Adults Group** at our parish – a space to connect, grow in faith, and build friendships.

**Date:** Sunday, **15<sup>th</sup> February**

**Time:** After the **9:30am Mass**

**Venue:** Parish Office – Conference Room

If you are a young adult (18–35) and looking for community, meaningful conversation, companionship and faith shared in a relaxed and welcoming environment, this group is for you.

Come as you are – bring a friend if you like!

All are most welcome.

For more information, please contact the Parish Office or Fr John Puli.

**We look forward to journeying together.**

## Bible Study and Discussion

When: Every Thursday.  
Starting 19<sup>th</sup> of February 2026

Times: 1pm to 2pm. In the board room.  
We begin our study of The Gospel of Luke  
&  
6pm to 7pm. In the Church.  
We begin "The Letter to The Romans".

(Once a month there will be a Michaelite Mass, you are welcome to come to Mass but we won't be having Bible studies on that evening).

We watch ½ an hour DVD teaching by a theologian, then discuss what we learned for ½ an hour. We limit each session to one hour.

Written notes are provided for each session, a week in advance

**All Welcome.**

**For more information  
Call Elias 0459 220 208**



## St Michael Prayer Group Mass

**Thursday 12<sup>th</sup> February at 5.30pm**

**All are welcome** to attend and join with us for Mass and Adoration, with St Michael prayers. Fr Stan will join us on this evening. A light supper to follow. Enquiries to Janette 042141655

### 2026 Programme for your diary.

Thursday 12 February	5.30pm	2 <sup>nd</sup> Thursday
19 March	5.30pm	3 <sup>rd</sup> Thursday
23 April	5.30pm	4th Thursday
21 <sup>st</sup> May	5.30pm	4th Thursday
25 June	5.30pm	4th Thursday
23 July	5.30pm	4th Thursday
27 Aug	5.30pm	4th Thursday
24 Sept	5.30pm	4th Thursday
22 Oct	5.30pm	4th Thursday
26 Nov	5.30pm	4th Thursday

### Donate to our Parish with our QR code.

A prompt will come up that says:

*My payment is for ..*

Parish Giving, 2nd collection  
Baptisms, Sacraments etc

Thank you



## Sacramental Programme for 2026



### Reconciliation and Eucharist 2026 for Year 4 students and older

#### **Enrolment**

In the Parish Office Monday 29<sup>th</sup> June to Sunday 5<sup>th</sup> July

#### **Reconciliation Input for Parents**

Wednesday 22<sup>nd</sup> July at 7pm

#### **Parent/Child Support Class**

Saturday 1<sup>st</sup> August at 3.30pm

#### **Presentation**

5pm Mass on the 1<sup>st</sup> August or at the 7.30am or 9.30am Masses Sunday 2<sup>nd</sup> August

#### **First Reconciliation**

Tuesday 11<sup>th</sup>, Wednesday 12<sup>th</sup>, Thursday 13<sup>th</sup> August by appointment

#### **Communion Input for Parents**

Wednesday 19<sup>th</sup> August at 7pm

#### **Parent/Child Support Class**

Saturday 29<sup>th</sup> August at 3.30pm

#### **Presentation**

5pm 29<sup>th</sup> August or any of the Sunday Masses 30<sup>th</sup> August Masses

#### **First Holy Communion**

Saturday 12<sup>th</sup> September 5pm

Sunday 13<sup>th</sup> September 7.30am, 9.30am and 2pm

### **Confirmation 2026**

### **for year 3 students and older**

#### **Enrolment**

In the Parish Office Monday 21<sup>st</sup> to Sunday 27<sup>th</sup> September

#### **Input for Parents**

Wednesday 14<sup>th</sup> October at 7pm

#### **Parent/Child Support Class**

Saturday 24<sup>th</sup> October at 3.30pm

#### **Presentation**

5pm Mass on the 24<sup>th</sup> October or at the 7.30am or 9.30am Masses Sunday 25<sup>th</sup> October

#### **Confirmation Date**

Thursday 12<sup>th</sup> November at 6pm and

Saturday 14<sup>th</sup> November at 11am and 3pm at the **Edmund Rice Centre, East Gosford**

## Catholic Women's League



Hello ladies, welcome to 2026.

Firstly sad news on the passing of Dawn Smiths daughter Jennifer Nolan. May she rest in peace.

The planning meeting is on Monday 2<sup>nd</sup> February at 10.30am.

Delegates meeting on Wednesday 11<sup>th</sup> February at 10.00am.at Terrigal. It is the Diocesan A.G.M.so please try to attend.

Coffee morning at the Breakers Monday 16<sup>th</sup> 10.30am.

World day of Prayer is on Friday 6<sup>th</sup> March at Salvation Army Woodport.10.00am.

Looking forward to seeing you all.  
God Bless, Colleen

## Grandparents

*What are some things a grandparent can do to raise their grandchildren in the faith?*

# Pray – everyday for your children and grandchildren. Ask God to reveal himself to them so that they will come to know God's love and interest in them.

# Share stories about your faith and moments when you felt God was very near. Share about significant moments in your family's story, and where God was for you and your family in that moment. Stories which involved your grandchildren's parent can be powerful.

# Read them stories of the lives of the saints. See if you can find a story of a saint with their name.

Our **Grandparents Group** meets in the Parish Office on the last Wednesday of each month at 6pm. All welcome.

## How to prepare for High School

Starting Year 7 is a significant milestone in every child's life. The transition from primary to secondary school brings new challenges and opportunities. Here are 6 key tips for students entering Year 7 in 2026. **Click [here](#)**

## Safer Internet Day

is Tuesday, 10 February 2026. Resources and further information can be found on the [Safer Internet Day Hub](#)

## World Day of the Sick 2026 | 11 February

Theme: "The compassion of the Samaritan: loving by bearing the pain of the other"

## Planned Giving Envelopes

Planned Giving envelopes are now available for collection from the rear of the church. Please note that these envelopes are not numbered or dated. When using them, kindly write your existing envelope number, the date, and the amount given on each envelope.

If you would like to participate in Planned Giving and require an envelope number, please contact the Parish Office.

This year, envelopes are provided in packs of 20. If you require additional envelopes, please contact the Parish Office.

If you would prefer to cancel your envelopes and instead make your contributions via a monthly credit card deduction, the Parish Office will be happy to assist you.

Once again, we sincerely thank you for your continued support and generosity.

## OLSOS Craft Group

### Meeting dates – February to December 2026

The craft group meets **fortnightly on a Wednesday**, from 12:30 to 2:00 pm in the Parish Office.

Communication via text and email.

Group: Cath - 0432 982 622

Office: 4367 4610

Email: [starsea@bigpond.net.au](mailto:starsea@bigpond.net.au)



### For your diary:

February	4 18	July	8 22
March	4 18	August	5 19
April	1 15 29	September	2 16 30
May	13 27	October	14 28
June	10 24	November	11 25
		December	9

## Name Badges

Name tags can still be ordered at a subsidized price of **\$10** (normally \$17).

### We are placing an order this Tuesday.

You can choose from safety pin style or magnetic back. Place order after Mass or phone the Parish Office..



## Men's Bushwalking Group

Six of us had an early start for our walk on Tuesday in the Kincumba Mountain Reserve and were treated to

very pleasant conditions. We stopped by the caves as per photo but it was probably too early to see the resident large goanna. Great to share our respective experiences over Christmas and New Year.

The general condition of the vegetation wasn't bad but it could do with more rain. We had a leisurely coffee and cookie recovery session at the Kincumber shopping centre.

Any gentleman interested in participating in any of our walks, please contact Stim Robinson on 0401 058 329 or [stimrobinson@hotmail.com](mailto:stimrobinson@hotmail.com) to get further details including where to meet for the walk.

Our walks usually take an hour or so and then we head off for lunch nearby.

## Singles Retreat

Single adults, ages 18-35, are invited to join the Dominican Friars and Sisters for a week-end retreat at St Mary's Towers, Douglas Park, NSW from 13-15 February 2026. The retreat will consist of talks, discussion, silence, Eucharistic Adoration, the Sacrament of Confession, Mass, and time for fellowship. Registration closes 6 February. Fee: \$300 per person. <https://www.trybooking.com/DHJBL>

## Engaged Encounter Weekends 2026

How prepared are you for marriage? Engaged Encounter provides you with deeper insights into each other and into married life. We give you a chance to spend time together to strengthen and enrich your relationship.

For further information visit our web site: [www.engagedencounter.org.au](http://www.engagedencounter.org.au)

Choose any of the coming Weekends:  
**Feb 21-22, May 23-24,  
 Aug 8-9**





Thank you to those who have already enrolled in the St Michael Mission Society. The membership forms are at the back of the church if you would like to join and support.

There is also a flyer on the noticeboard showing the **nine** seminarians presently studying in PNG, who are supported by the Mission Society.

In return our families are prayed for at the Divine Mercy Shrine and the Michaelite parishes in PNG.

You will be given a prayer card with your family name on it or for whoever you wish to gift it to.

A wonderful way to start the year helping others and knowing our loved ones (and us) are being prayed for.

**Forms at the back of the church or in the parish office**

### Antioch Weekend. Youth Retreat

Just as every plant begins as a small seed, our faith grows stronger as we nurture it with prayer, community, and through God's love. This year's theme, *Through the Garden*, invites us to journey together through the stages of growth, discovering how God cultivates our hearts and helps us flourish into the beautiful creations we are meant to be.

St Gerards Carlingford. 7 and 8 February. Year 10 to 23 years of age. Cost: \$50.

For further information, click [here](#) or ring Holly 0404 710 488

To book, click here: <https://www.trybooking.com/DIDAP>

### Pilgrimage to Italy May 2026:

You are invited to join the Provincial of the Michaelites, Fr Anthony Casemento, on a special Harvest pilgrimage to Italy in May.

Highlights include visits to sacred sites from Rome to Venice and include a grace filled journey to Monte Sant'Angelo, the Michaelite shrine to St Michael in Gargano.

Experience faith, fellowship, and renewal.

**For more information see the poster on the noticeboard.**



**5pm Mass Saturday Nights**

31.1.2026 - Robyn Lentini  
Alexandra Goodworth

7.2.2026 - Julie Tarrant, Robyn  
Lentini & Alexandra Goodworth

14.2.2026 - Anne Vidler & Emily  
Cairns

### Bookclub

At the end of February our book club will be discussing Rabbi Jonathon Sacks' book **A Letter in the Scroll**. Every Jew is a letter, he writes, and when letters are joined to others they make words. Words together make sentences. Sentences make paragraphs, and paragraphs join to make a story. So every Jew is part of a story constructed over time for which the Torah scroll bears witness. This book seeks to answer the question: What does it mean to be a part of this story, and "why am I a Jew"

The answer is relevant to anyone interested in exploring their relationship with God.

Jonathan Sacks is a splendid writer. He has written extensively as a theologian and philosopher with a profound understanding of human nature. I have not read one of his books that I haven't enjoyed thoroughly.

In March we will read Tolstoy's **A Confession**, a book he wrote in his early fifties. Thankfully it is not nearly as long as his other writings.

Join us as we enter our fifth year of reading.

[gazboantonius@gmail.com](mailto:gazboantonius@gmail.com)

### Saint of the Week



St. Agatha was a Christian virgin and martyr. St. Agatha is one of seven women commemorated by name in the Roman Canon of the Mass. Agatha dedicated her life to God at an early age, but

was sought out by many men. One of these men became angry with Agatha. He imprisoned Agatha in a brothel. Agatha was assaulted, which led to many injuries. In time, she was miraculously healed by God from all of her injuries. The man who imprisoned Agatha ignored her miraculous healing and had Agatha rolled over hot coals. She survived this torture and returned to prison. Agatha died in the year 251. She is a patron saint of breast cancer patients.

## ROSTERS FOR SERVERS & EM



### Saturday - 5.00pm

31/01/26	Server P Proust	(EM) L O'Donnell, P Ross, A Vidler, T Gorman
07/02/26	Server J Tarrant	(EM) J Costello, M Perry, G Catanzariti, S Dunn
14/02/26	Server J Sheridan	(EM) L O'Donnell, P Ross, A Vidler, T Gorman
21/02/26	Server R Zadro	(EM) J Costello, M Perry, G Catanzariti, S Dunn

### Sunday - 7.30am

01/02/26	Server M Slattery	(EM) P Maniskas, B Brown, N Barcha, J Rogers
08/02/26	Server P Clayton	(EM) B Lobo, B Reid, S Petith, M Slattery
15/02/26	Server B Lobo	(EM) M Slattery, P Maniskas, N Barcha, J Rogers
22/02/26	Server P Maniskas	(EM) S Petith, B Brown, B Reid, M Slattery

### Sunday - 9.30am

01/02/26	Server E Bastoli	(EM) S Dunn, J Merrotsy, K Curtis, R Lentini
25/01/26	Server P Maniskas	(EM) K Cutris, A Bone, C Addison, R Ayers
15/02/26	Server P Quinn	(EM) S Dunn, A Kopecky, M Sproats, R Lentini
22/02/26	Server B Lobo	(EM) J Merrotsy, A Bone, K Curtis, R Ayers

*EM = Eucharistic Minister or correctly Extraordinary  
Minister of Holy Communion*

## ROSTERS FOR READERS OF THE WORD



### Saturday - 5.00pm

31/01/2026	(1) Lynches	(2) Dudley Smith
07/02/2026	(1) Maureen Reynolds	(2) Goodworths
14/02/2026	(1) Coral Foo	(2) Georges
21/02/2026	(1) Julie McManus	(2) McCuddens

### Sunday - 7.30am

01/02/2026	(1) Chris Hartcher	(2) Anne Strong
08/02/2026	(1) Ivy Holly	(2) Justine Hayes
15/02/2026	(1) Betty Brown	(2) Sandra Petith
22/02/2026	(1) Ron McCarthy	(2) Peter Clayton

### Sunday - 9.30am

01/02/2026	(1) Vic Wilmot	(2) Susan de Brincatt-Moffatt
08/02/2026	(1) Anne Mackson	(2) Janette Merrotsy
15/02/2026	(1) Colleen Addison	(2) Vic Wilmot
22/02/2026	(1) Graham Sproats	(2) Jane Watts

## Weekly Cleaning Angels Roster



**2<sup>nd</sup> February 2026**

Mary Bryant, Evelyn Lazzarini  
& Kerry Oliver

**9<sup>th</sup> February 2026**

Wanita Lynch, Julie Roberts  
& Linda Lee

## Bus to Mass

**The Parish bus collects parishioners for 9.30am Mass.**

If you would like to be picked up, please contact Stephen Coyle via the Parish Office.

**Thank you to the people who volunteered to drive the Parish bus.**



## Prayer Requests:

### Recently Deceased

Narelle Macken	John Bourke	
Jennifer Nolan (Dawn Smiths' Daughter)		Joe Borg
Betty Theaker	John Francis Somers	Mary McCormack
Pedro Meyer	Margaret Smith	

### Anniversaries & Remembrance

James & Ellen Dodds	Ralph Goss	Anne Condon
Sandra Bastoli	Botrous Camilos	
Mario & Silvana Favetta	William Crowther	Eva Wakim

### Sick

Donald, Xi, Susie, Vladimir and Charles		
Xenie Star	Ashunta	Stephanie Empson
Julio Marquez	Vic Burnham	Kye Mc Intosh
Tracey Homan	Veronica Bishop	Suzanne Russo
Joyce Hone	Sandra Jackson	Sheelagh O'Rourke
Marie Campbell	Ruby Gornall	Sylvia Mann
Jackson Howard	Bernadette Kennedy	Lucy & Pia Favetta
Kathleen Martin	Matthew Cooper	Debbie Bell
Kate Terry	Nita & Ron McGuiness	Sue Warren-Smith
Mary Smith	Andrew Humpherson	Patricia Cooper
Noelene Sherwood	Elizabeth D'Souza	Kira Tsolakis

## MORNING TEA ROSTER



*Please stay and join us*

**After 9.30am Mass**

- Group 1** Wanita Lynch, Mary Howes, Robyn Lentini & Julie Tarrant  
- 1.2.2026
- Group 2** Robyn Lentini, Scott Dunn, Robyn & Vic Wilmot  
- 8.2.2025
- Group 3** Barbara Clarke, Sue O'Connor & Eileen Dodds  
- 15.2.2025
- Group 4** Anne Strong, Eileen Dodds, Mary Portelli & Mary Jones  
- 22.2.2026
- Group 5** Margaret Brown & Robyn Ayers, Juliet Mathew & Kate Curtis  
- 1.3.2026
- Group 6** Chris Whalan, Viv Ball, Pat & Alison Bone  
- 8.3.2026
- Group 7** Ian & Pat Rimes, Bernadette Wright, Linda & Isabel Lee  
- 15.3.2026

Everyone is welcome, and we also invite you to bring along something to share together to eat. It may be a packet of biscuits, but more interesting is something to share that you have cooked.



POPE LEO XIV'S PRAYER INTENTION FOR JANUARY

To pray that praying with the Word of God be nourishment for our lives and a source of hope in our communities, helping us to build a more fraternal and missionary Church.



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chris.roumanous@raywhite.com

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